

*the chakra song was something we wrote to assist with cleansing, balancing, and aligning chakras; its upbeat melody is borrowed, but its power can be transformational...*

*meditate upon each chakra, visualizing it in a healthy, harmonious state that allows energy from the earth to rise through all of your chakras to trigger raising your kundalini to connect the earth and heavens with yourself as the conduit through which their vital energies flow.*

*Sung to the tune of the popcorn music part of the theme song from 'a clockwork orange'*

### **The Chakra Song**

In my root chakra I find - red life energy divine

It is pure and good; it cleanses me and energizes me

It's vitality that strengthens me and helps me to survive

Now the vital red life chakra power opens like a flower

*...Repeat the line above until your root chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the vital red life chakra power opens like a flower

In my loin chakra I find - hot orange energy divine

It is pure and good; it cleanses me and energizes me

It is sexual; it inspires me, it helps me to create

Now the hot orange inspirational power opens like a flower

*...Repeat the line above until your loin chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the hot orange inspirational power opens like a flower

In my mind chakra I find - yellow energy divine

It is pure and good; it cleanses me and energizes me

It is teaching me; it makes me free, it helps me to be me

Now the mental yellow teaching power opens like a flower

*...Repeat the line above until your mind chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the mental yellow teaching power opens like a flower

In my heart chakra I find - sweet green energy divine

It is pure and good; it cleanses me and energizes me

It is compassionate; it's full of love, it helps me be healthy

Now the sweet green loving chakra power opens like a flower



*...Repeat the line above until your heart chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the sweet green loving chakra power opens like a flower

In my voice chakra I find - loud blue energy divine

It is pure and good; it cleanses me and energizes me

It communicates; it speaks to thee, it sings along with me

Now the loud blue singing chakra power opens like a flower

*...Repeat the line above until your voice chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the loud blue singing chakra power opens like a flower

In my brow chakra I find - purple energy divine

It is pure and good; it cleanses me and energizes me

It's intuitive; it knows the truth, it helps me to perceive

Now the purple wisdom chakra power opens like a flower

*...Repeat the line above until your brow chakra visualization is clear then move to the next line beginning with Yes...*

Yes, the purple wisdom chakra power opens like a flower

In my crown chakra I find - violet white energy divine

It is pure and good; it cleanses me and energizes me

It's the god I am, my divinity; it realizes me

It connects me to infinity and all that I can be

Now the violet white chakra power opens like a flower

*...Repeat the line above until your crown chakra visualization is clear then move to the next line beginning with Yes...*

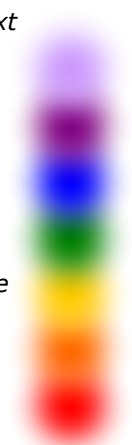
Yes, the violet white chakra power opens like a flower

Now you know the chakra song; so we all can sing along

Now the divine rainbow chakra powers open like a flower

*...Repeat until all of your chakras are clearly visualized together then move to the next line beginning with Yes...*

Yes, the divine rainbow chakra powers open like a flower



Now the vital red life chakra power opens like a flower

*...Repeat until your root chakra's 4 petals stretch into radiating cords of energy then move to the next line beginning with Yes...*

Yes, the vital red life chakra power opens like a flower



Now the hot orange inspirational power opens like a flower

*...Repeat until your loin chakra's 6 petals stretch into radiating cords of energy then move to the next line beginning with Yes...*

Yes, the inspiring hot orange power opens like a flower



Now the mental yellow teaching power opens like a flower

*...Repeat until your mind chakra's 10 petals stretch into radiating cords of energy then move to the next line beginning with Yes...*

Yes, the mental yellow teaching power opens like a flower



Now the sweet green loving chakra power opens like a flower

*...Repeat until your heart chakra's 12 petals stretch into radiating cords of energy then move to the next line beginning with Yes...*

Yes, the sweet green loving chakra power opens like a flower



Now the loud blue singing chakra power opens like a flower

*...Repeat until your voice chakra's 16 petals stretch into radiating cords of energy then move to the next line beginning with Yes...*

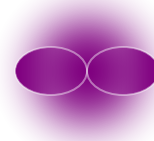
Yes, the loud blue singing chakra power opens like a flower



Now the purple wisdom chakra power opens like a flower

*...Repeat until your brow chakra's 2 petals stretch into descending cords of energy that weave back and forth through your lower chakras like a caduceus symbol then move to the next line beginning with Yes...*

Yes, the purple wisdom chakra power opens like a flower



Now the violet white chakra power opens like a flower

*...Repeat until your crown chakra's 40 petals stretch into radiating cords of energy and a solid broad cord of white energy connects your crown to the heavens then move to the next line beginning with Yes...*

Yes, the violet white chakra power opens like a flower



Now the lovely rainbow chakra powers open like a flower

*...Repeat until all your chakra's radiating cords mingle their energy in your energetic body then move to the next line beginning with Yes...*

Yes, the lovely rainbow chakra powers open like a flower

Now the divine living chakra powers open like a flower

*...Repeat until your crown chakra is connected to the heavens by a strong white cord then move to the next line beginning with Yes...*

Yes, the divine living chakra powers open like a flower

Now all the divine living chakra powers open like a flower

*...Repeat as often as you like while enjoying the feeling of being the divine person you have always been...*

namaste

*love, grigori rho gharveyn, etc, et al...*

